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October Recap

October was a super fun month with activities and USAG competitions.

- ✓ We had such a blast at our Annual Halloween Sleepover! Thank you to all that participated!



Gymnast Highlights

Results from the Out of This World Meet:

Level 4: <u>Alexa</u>	Level 5: <u>Kiara</u>	<u>Riley</u>	Level 6: <u>Julia</u>
Bars-8.475	Bars-8.875	Bars-7.675	Bars-7.800
Beam-9.225	Beam-8.550	Beam-8.450	Beam-8.225
Vault-9.225	Vault-9.075	Vault-7.675	Vault- 9.100
Floor-8.850	Floor-9.275	Floor-8.725	Floor-9.1500
AA-35.775	AA-35.775	AA-32.525	AA-34.275

Results from the Rock'n 80s Meet:

Level 4: <u>Alexa</u>	<u>Tessa</u>	Level 5: <u>Kiara</u>	<u>Riley</u>	Level 6: <u>Julia</u>
Bars-8.400	Bars-8.200	Bars-8.525	Bars-7.500	Bars-7.850
Beam-9.000	Beam-7.050	Beam-8.950	Beam-8.175	Beam-8.800
Vault-9.200	Vault-8.650	Vault-8.675	Vault-7.725	Vault-8.925
Floor-8.850	Floor-8.500	Floor-9.050	Floor-8.375	Floor-8.575
AA-35.450	AA-32.400	AA-35.200	AA-31.775	AA-34.150







The Gymnast Review

November 2011



November News

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Preschool open gym 10-10:45am 11-11:45am	4	5 Open Gym 1-3pm USAG Competition Sectionals
6 USAG Competition Sectionals	7	8	9	10 Preschool open gym 10-10:45am 11-11:45am	11 Tentative AAU Clinic	12 Open Gym 1-3pm
13	14	15	16	17 Preschool open gym 10-10:45am 11-11:45am	18	19 Open Gym 1-3pm USAG Competition
20 USAG Competition	21 Tentative AAU Clinic	22	23	24 Have a Happy Thanksgiving!!  Gym Closed	25	26 Open Gym 1-3pm
27	28	29	30			

** ALL OPEN GYM IS \$5 PER PERSON (PLEASE BRING WATER & SNACK)

Come work and improve you skills. Open to everyone!

**Have a Healthy and Happy Thanksgiving!!





The Gymnast Review

November 2011



Tid Bits

- If your gymnast has grown out of their leotards, don't throw them out! Bring them to the gym. We will put them on the wall and sell them for you!
- Have you seen the Acrobats stickers on the back of car windows and want one for your car? Pick one up at the front desk. They are only \$5 each.
- Parent t-shirts are also available for \$15. Show your hard work as a Gym Mom/Dad and get yourself a shirt that says your kid's a BRAT! Don't forget to wear them to support of your child at meets/performances!
- For your child's safety please do not coach from the sidelines! Our Coaches ROCK!! Thanks!



Let's give a shout out for the November birthdays!!

Iris G.	Nov. 2 nd
Tiffany S.	Nov. 7 th
Breanna C.	Nov. 11 th
Ian C.	Nov. 12 th
DeAnna S.	Nov. 13 th
Hannah S.	Nov. 13 th
Carly E.	Nov. 13 th
Addison F.	Nov. 13 th
Andy A.	Nov. 14 th
Noeli G.	Nov. 14 th
Korey D.	Nov. 17 th
Giovanni R.	Nov. 18 th
Hope L.	Nov. 19 th
Brianna B.	Nov. 20 th
Cheyenne J.	Nov. 23 rd
Makayla C.	Nov. 24 th
Makenna L.	Nov. 26 th
Jake M.	Nov. 27 th

